

Home Care Wound Instructions

Lake Dermatology and MedSpa

5780 Osage Beach Pkwy, Suite 215
Osage Beach, MO 65065
(573)302-4696

1. If biopsy/surgery site is covered in the office, leave Band-Aid for 24 hours; otherwise, keep the area dry for 24 hours.
2. After 24 hours, remove Band-Aid and cleanse area with soap and warm water. Apply a small amount of antibiotic ointment, aquaphor or Vaseline petroleum jelly with a Q-tip.
3. Leave the area open to the air as much as possible. Cover it only if you are exposed to dirt, grease, oil or if the area rubs on clothing.
4. If there are any signs of infection (pus in wound, fever over 101° F or bleeding that does not stop after 20 minutes of continuous pressure) please call our office at (573) 302-4696.

If you have stitches.

5. Stitches should be removed on _____.
6. If INSTRUCTED by the doctor, someone may take the stitches out at home or you may come by the office free of charge to get them removed.

**PLEASE CALL THE OFFICE BEFORE COMING IN.
THIS IS TO MAKE SURE THAT A NURSE WILL BE AVAILABLE.**

7. Avoid swimming and baths until stitches are removed. We don't want the area to be submerged under water. Showers are fine to take, but please limit them to no longer than 10- 5 minutes.

Karen Eshraghi, MD